

Akoose weeds

Bekondo
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Page numbers refer to Akobundu & Agyakwa (1998) *A handbook of West African weeds* . IITA Ibadan.

Akoose	English	Latin	Comment
achakasálée	siamweed	<i>Chromolaena odorata</i>	pg 171
ahaṅ / ahaṅ dé nkume achaṅ dé e'kánékán	dodder	<i>Cuscuta australis</i>	pg 249
akwókwog	giant bluestem	<i>Andropogon tectorum</i>	pg 449
awagtée / waredeé	African iodine	<i>Melanthera scandens</i>	pg 182
bênbéne		<i>Heterotis roundifolia</i>	pg 57
chóal	resurrection plant (life plant)	<i>Bryophyllum pinatum</i>	pg 243
chyaá é ekóm / mwene (esum é nsyegé)	goat weed	<i>Ageratum conyzoides</i>	pg 163
echumbule	fleabane	<i>Conyza sumatrensis</i>	pg 175
ekóó é ntuú	sandpaper tree	<i>Ficus exasperata</i>	pg 361
e'kibel		<i>Euphorbia hyssopifolia</i>	pg 265
ekún e'chəə	??		??
e'pəl	thorny pigweed, spiny amaranth	<i>Amaranthus spinosus</i>	pg 149 (not thorny, edible by all)
e'pəl é bechón	amaranth	<i>Amaranthus sp.</i>	(thorny and edible by some)
e'pəl é mbhwé	thorny pigweed	<i>Amaranthus sp.</i>	more thorny and mostly seen as pig feed
esóg	giant fern used as poles for building	<i>Cyathea camerooniana</i>	
hyəb	bush pepper		
kərékəre		<i>Cyahtula prostrata</i>	pg 155
kón é baásé	coffee senna and other senna spp.	<i>Senna obtusifolia</i>	pg 307, 309
mbaalom	giant fern grass		
mbálé	yellow tasselflower	<i>Emilia coccinia</i>	pg 177
mbhôngaṅ/ mbhôngaṅ e díí		<i>Diplazium samatii</i>	pg 11
mbísaṅ	black nightshade (huckleberry)	<i>Solanum nigrum</i>	pg 403
mebónmébóo			
mechəmechəə	Giant sensitive plant	<i>Mimosa invisa</i>	pg 313

Akoose	English	Latin	Comment
mekide	snakeweed, asthma plant	<i>Euphorbia hirta</i>	pg 263
mesison / e'kaa	elephant grass		
meson mè e'chiné	false thistle	<i>Acanthus montanus</i>	pg 126
mĩd mé kube		<i>Spilanthes filicaulis</i>	pg 187
ndaab	climbing plant with stem used to weave bags		
nderenzyog	turkey berry (highly toxic)	<i>Solanum torvum</i>	pg 405
nkákéə	broad leaf carpet grass	<i>Axonopus compressus</i>	pg 453
nkoleke	spreading day flower	<i>Commelina diffusa</i>	pg 433
nyamekébe		<i>Diodia sarmentosa</i>	pg 379
nzinzáŋ	bull grass	<i>Eleusine indica</i>	pg 479
póbpóbe	wild cape gooseberry	<i>Physalis angulata</i>	pg 397. ND. different identification in Mt Kupe book
sópe e byaá	swamp morning glory	<i>Ipomoea aquatica</i>	pg 15
simésim		<i>Sida garckeana</i>	pg 353
sólid		<i>Acroceras zizanioides</i>	pg 71
túlébwóg	tropical stinging nettle	<i>Laportea ovalifolia</i>	pg 415
túlébwóg e mwé	tropical nettle weed	<i>Laportea aestuans</i>	pg 413
watalíf	waterleaf	<i>Talinum triangulare</i>	pg 377