



North
ATLANTIC

Niger

Nile

Red Sea

MANDE
MEL
MANDE

GUR
KWA

Bangi Me

FALI

HEIBAN-
TALODI

TEGEM-
AMIRA
RASHAD-
KWAALAK-
DOMURIK

Bijogo

KRU

EGA

IJOID

DEFAGA

BENUE

CONGO

ADAMAWA

GBAYA

UBANGIAN

BANTOID

Atlantic Ocean

BANTU

KHOISAN AND
FORMER KHOISAN

Hadza

South
Cushitic
Sandawe

Indian Ocean

KEY

Major Rivers

Lakes

0 500 1000
Kilometres

